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## **ICT4Life**

**Brussels, 18 October 2018**

### ***Horizon 2020 Project, Final Conference***



With an ageing population, people affected by Alzheimer's, Parkinson's and other dementias are on the increase in Europe. The ICT4Life project (led by Artica Telemedicina, Spain, and supported by eight other partners from academic circles, the industry and end-users' groups in Europe) wants to improve the life of patients, caregivers and health care professionals by the development of new services for integrated care employing user-friendly ICT tools.

The project aims at promoting the concepts of self-care, active patients and integrated care. In the early and intermediate stage of cognitive impairment, these patients face difficulties in managing their everyday life and need continuous care to ensure safety. Both they themselves and their family members can get help in these everyday tasks by using user-friendly technology solutions, which can also provide support for their doctors and care professionals.

The final conference took place under the title 'Meeting the challenges of digital health innovation for integrated care in the EU'. Digital health technologies can relieve the economic burden on health care systems and increase healthy life years expectancy. Through empowerment of the patients and their families, as well as by providing continuous support to health care professionals through training and with the help of communication tools, ICT4Life wants to contribute to the digital revolution.



The conference was attended by Bert Van Caelenberg, secretary general of Eurofedop. He made an appeal for more uniformity in providing cross-border health care in the EU. When such uniformity is already a fact for cross-border VAT regulations over the whole of the territory of the EU, why not do the same for health care?